

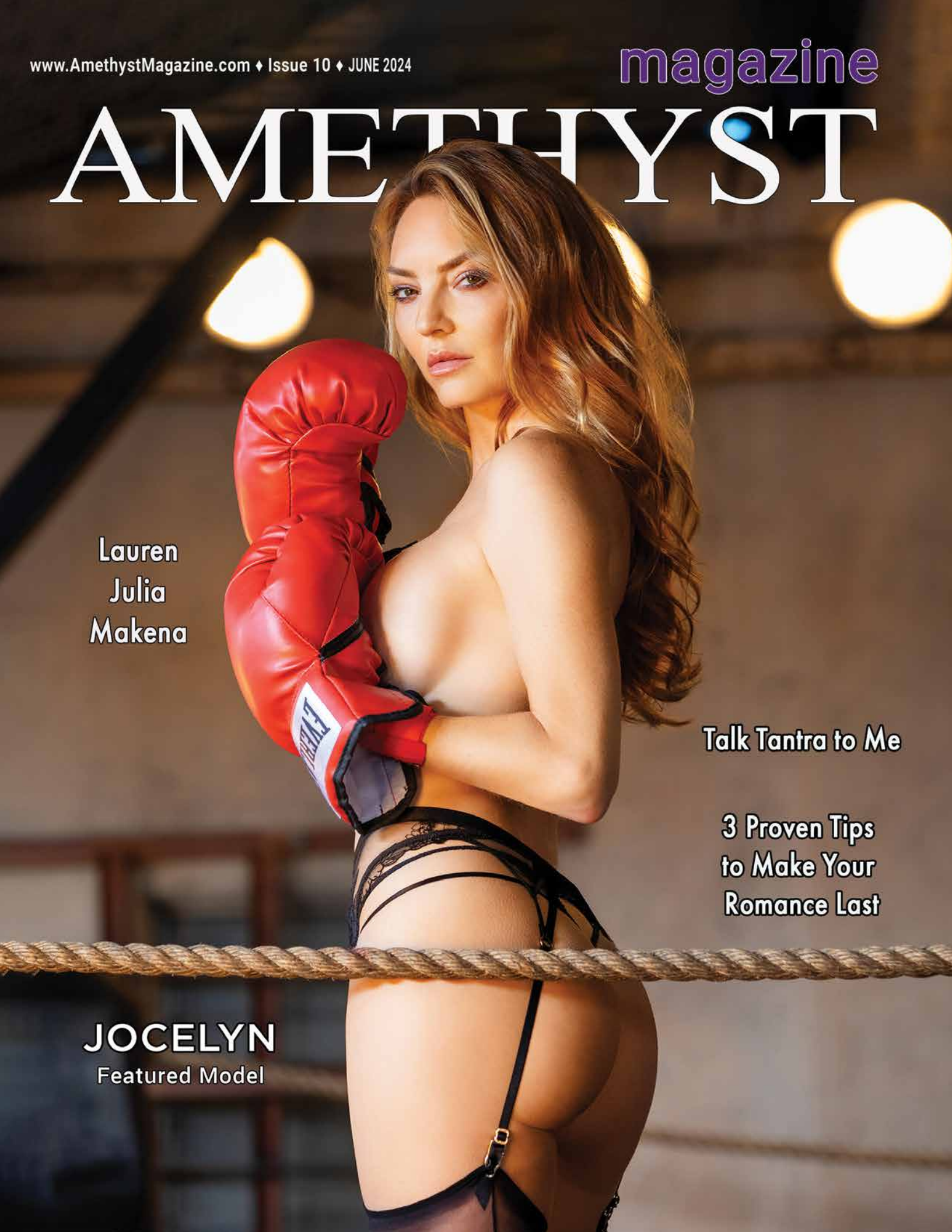
# AMETHYST

Lauren  
Julia  
Makena

Talk Tantra to Me

3 Proven Tips  
to Make Your  
Romance Last

**JOCELYN**  
Featured Model





magazine  
**AMETHYST**

June 2024 ~ Issue #10

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# AMETHYST

magazine

June 2024

**EDITOR-IN-CHIEF**

Jeff Gottlieb

**CREATIVE DIRECTOR**

Mandy Pauline

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**ON THE COVER**

Jocelyn Binder

**FIND, FOLLOW, CONTACT US**

WEBSITE: WWW.AMETHYSTMAGAZINE.COM

INSTAGRAM: @AMETHYST.MAGAZINE

TWITTER: @AMETHYSTMAGZ

EMAIL: INFO@AMETHYSTMAGAZINE.COM

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## FROM THE EDITOR

We have yet another issue, our 10th so far. Aside from the beautiful models and photos, the website has been updated with all new articles, a complete search program, a models page and videos. Between the search and model page, subscribers will now be able to see all the photos of a particular model on one page. Plus, we've added little bios of some of the models so you can get to know them a little. Only a few bios now, but as issues are released, there will be more and more added.

First up, 'The White Room' with the lovely Lauren. All set with a bed in a room with white walls and a white floor. I followed Lauren around the room and on the bed in natural light as she moved and posed beautifully. There is an accompanying video that goes with this editorial as well.

Second up is 'In the Ring' with the return of Jocelyn. Set in an authentic boxing ring complete with ropes, turn stiles, bench and spit bucket. We get to see Jocelyn in boxing wraps and gloves all while in Honey Burdette lingerie and heels. She even gave some punches with the heavy bag. This also has an accompanying video.

Next up are two articles. "Pushing Your Edges for More Pleasure and Growth by tantric expert, Leola and "3 Proven Tips to Make Your Romance Last".

"Summer Has Begun" with Julia is from photographer 5twenty1. Set on a beautiful beach in Southern California at sunset. We follow Julia as she moves around the beach and slowly undresses.

This issue is rounded out with 'Post Beach' with the return of Makena. She has been to the beach and now home with her wet hair posing and making some fun faces.

I hope you'll enjoy this issue, and don't forget to check the website periodically for some new photos, videos and changes that will be website/subscriber only.

So relax, and enjoy this issue of Amethyst!

~ Jeff Gottlieb  
Editor-In-Chief

## THE WHITE ROOM

LAUREN

@shawty\_got\_loe

Photographer

JAG VISUALS

@jag\_visuals

MUA/Hair

MODEL

Stylist

J. ALLAN

Location

LOS ANGELES, CA























**IN THE RING**

JOCELYN  
@jocelyn binder

Photographer  
JAG VISUALS  
@jag\_visuals

MUA/Hair  
MODEL

Stylist  
J. ALLAN

Location  
LOS ANGELES, CA



























## Pushing Your Edges for Greater Pleasure & Growth



By Leola

I have an unpopular opinion. Many spiritual and sex-positive communities encourage us to take on the belief “If it’s not a fuck-yes, then it’s a fuck-no.”

I’m a fuck-no to this mentality. On the surface, I get it. I do agree we should really feel into our bodies before making decisions and honor what comes up. But I also find this adage super limiting. I’m generally not a big fan of extreme black and white. It’s just not very tantric.

If I’m not a fuck-yes to something, I get real clear on where the resistance is coming from. Is the opportunity very clearly causing me to sacrifice my needs, boundaries, or values? If so, then maybe it is a fuck-no, or at least I get to be curious about what I’m sacrificing for.

On the other hand, very often the resistance comes up because the opportunity is just outside our comfort zone. It feels edgy. Our ego and the part of us that wants to survive wants to feel safe, and our comfort zone is safe.

But conversely there’s a lot of juicy life, lessons, and liberation just outside the comfort zone. When you’re not a fuck-yes, maybe it’s your ego trying to keep you small. Maybe it’s your past trauma getting in your way. Perhaps it’s societal conditioning that makes it feel safer if you follow the pack? It’s worth getting curious about.

The “If it’s not a fuck-yes, it’s a fuck-no” perspective can be really disempowering, especially to people who are able to consent to a sexual act (or any kind of act/opportunity) without jumping for joy about it. Sex workers and asexual individuals may appear to be quite different on the surface, but they both may experience this sensation more regularly.

Both may consent to sex without feeling completely turned on by the idea, but still genuinely want to give it a go or are at least open to exploring sexually, albeit for likely different

reasons or motivations. We ALL do things from time to time that we’re not a full fuck-yes about for one reason or another. Let your decision to lean into other parts of your life give you permission to consider the bigger picture sexually as well.

This does not mean sacrificing your hard-no or boundaries. Pushing your edges will feel, well, edgy! But it shouldn’t put you in impending physical danger or re-traumatize you. When pushing edges, it helps to create a structure or framework so you feel you can backtrack or redirect if needed. This may look like time-boxing a new activity or asking more questions so you feel empowered with information. When it comes to pushing your edges, get curious about what you need to feel safe and empowered.

Be safe, be love,

Leola

## 3 Proven Tips to Make your Romance Last



One of the classic movies on ideal love, *The Hairdresser’s Husband* (1990), begs audiences an important question: is it possible to be in love, butterflies in tummy and all, when you are in a long-term relationship? The first stages of love, notes psychologist Dr. Harriet Lerner, is the ‘velcro stage’. During this time, people are very much in tune to their partner’s needs, wants, and desires. As time goes on, both this sense of nurturing and the spicier side of romance (i.e. sex) tend to decrease in intensity. The good news is that recent research shows that love, romance, and passion, can last... follow these tips and keep it 100% with your partner in the long term!

### Trying Something New is Key, In and Out of the Sack

One secret to keeping sexual desire high, is taking part in ‘self-expansive activities’ together. These activities are new, different, and exciting. They include skydiving, travelling to an exotic country, trying out a new martial art – anything and everything that varies from your routine. New and challenging activities have the ability to ‘expand the self’ and heighten sexual desire. Of course, you can always dabble in new bedroom activities too, or take it outside the bedroom. If you have always wanted to have sex in a public place, make love on a private island, or have a threesome and your partner feels the same, this could just be your own personal definition of expansion!

### Share Your Fantasies

There is a strong relationship between fantasy and sexual desire, in that the former can fuel the latter. This is the case for both men and women, because fantasy essentially boosts the type of brain activity that puts you in the mood for love. Researchers note that fantasy helps lower performance anxiety in bed and makes sex itself more pleasurable. If you have never discussed your fantasies with your partner, why not do so during your pillow talk hour, sharing just one fantasy and going from there? You may be surprised to discover that your partner shares a few of your deepest hidden desires! Another idea is to discuss some of the most common fantasies held by men and women. These include giving each other oral sex, masturbating, and including a third party into the picture.

### Keep it Tactile

Feeling nurtured and desired is a psychological thing, but it is also a physical one. Recent studies have shown that simply holding hands can ease pain and sync brain waves between two people. It also enables their heart and breathing rates to synchronize – sounds very romantic indeed. Touching is particularly important if your partner’s ‘love language’ is that of physical affection. According to ‘love language’ theory, each person has their own preferred means of showing and receiving love. Many people need frequent touching to feel close to their partners. Caress your partner while they are carrying out a household chore, tickle them with a feather when they are napping, or give them a massage with flavored oil, making sure the product is in your favorite flavor and scent.

Keeping the flame burning may be difficult, but it definitely is possible. By embracing new experiences, sharing fantasies, and being affectionate, you stand a good chance of staying emotionally close as well. If you have children, make sure to set aside a little time just for yourselves. Romance is a thing we all crave but like all things of value, it takes planning and commitment. Thankfully, sex is also one of the funnest and most fulfilling things in life.

Find and Follow Leola: IG: @talktantratome | www.talktantratome.com



**SUMMER HAS BEGUN**

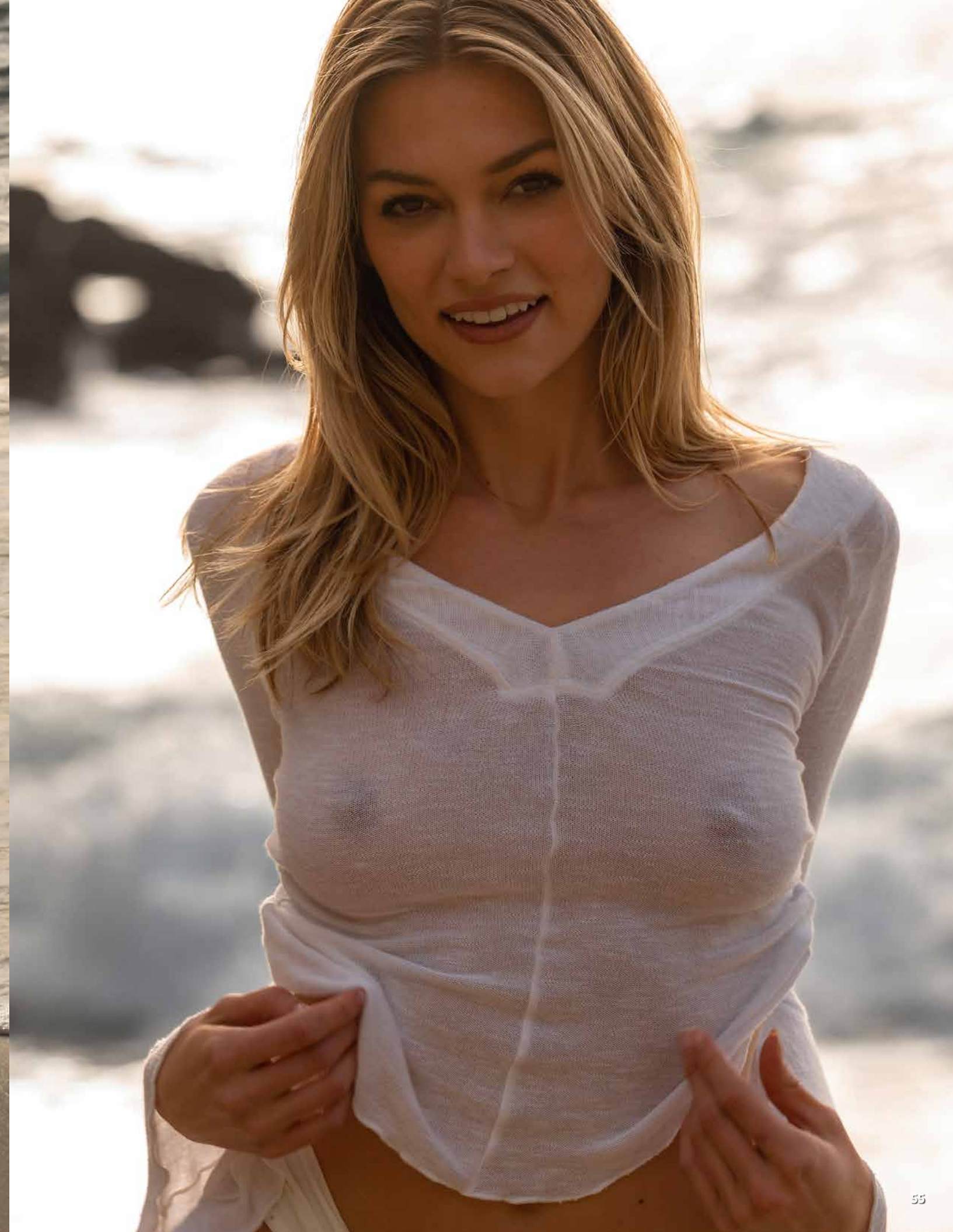
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**JULIA**  
@julzmii

Photographer  
@5twenty1

MUA/Hair  
**MODEL**

Location  
**LOS ANGELES, CA..**

























**POST BEACH**

**MAKENA**

Photographer  
**JAG VISUALS**  
@jag\_visuals

MUA/Hair  
**CHRISTEN**  
@artistry4life

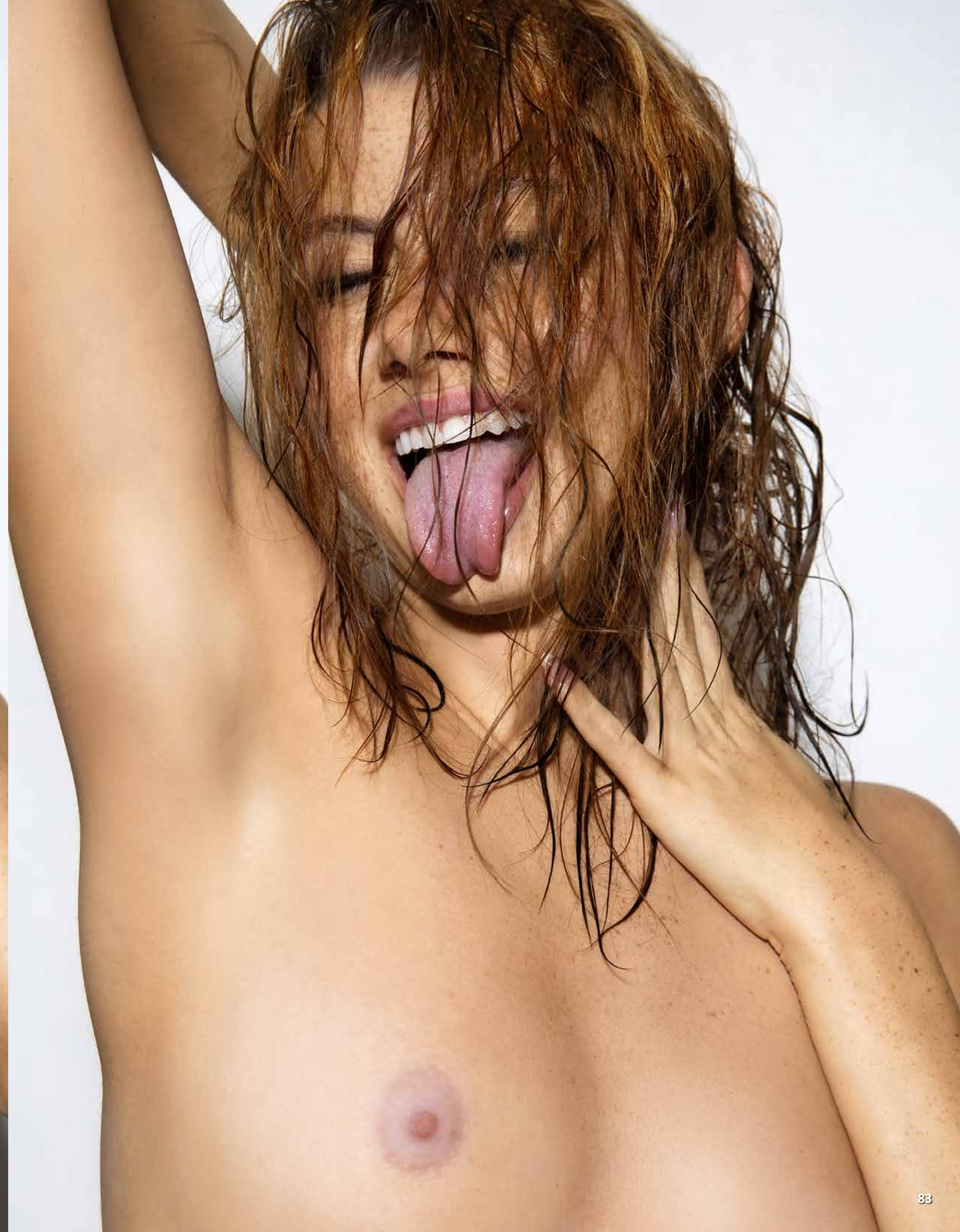
Stylist  
**J. ALLAN**

Location  
**COSTA MESA, CA**

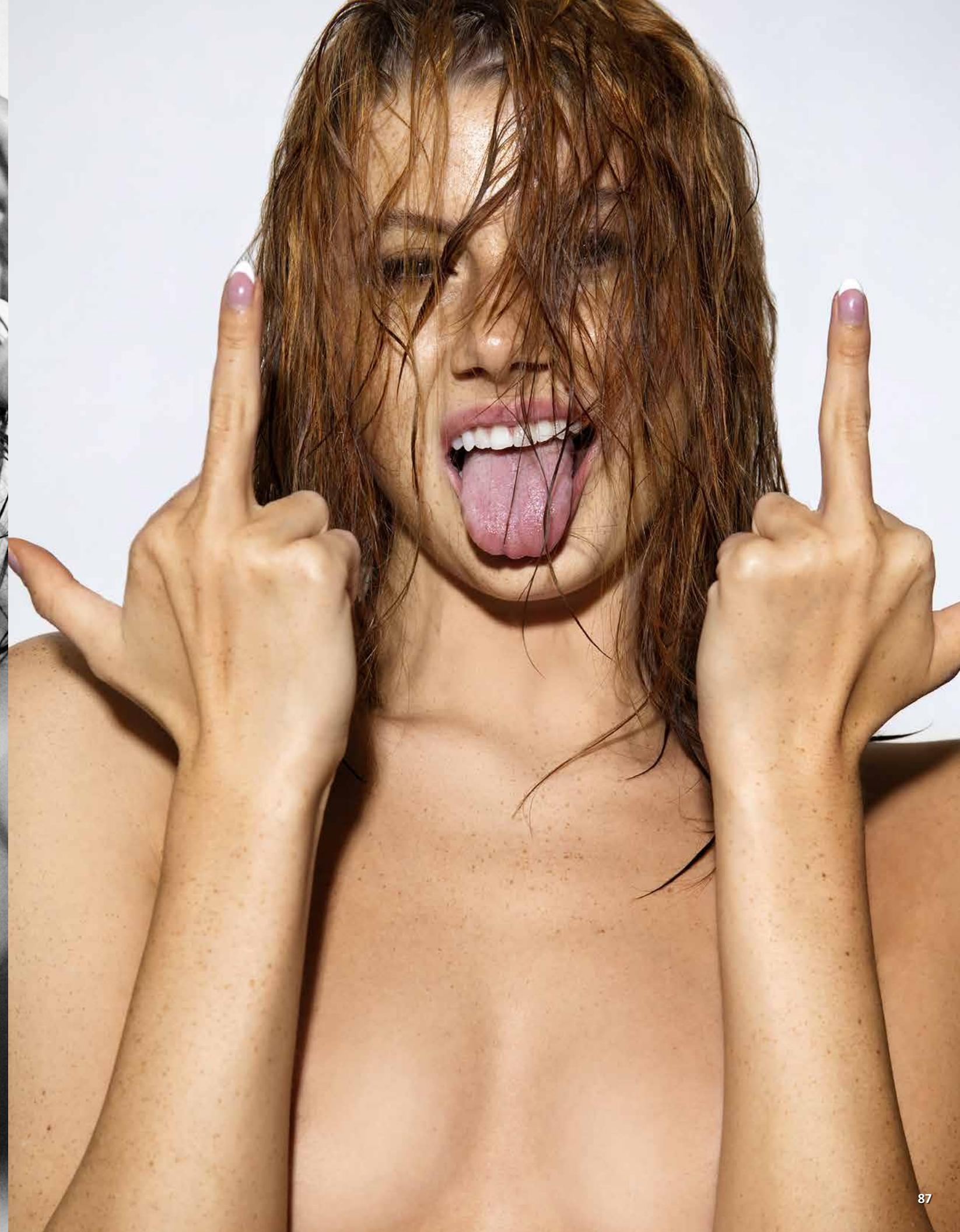














COMING NEXT ...





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