

AMETHYST

INDI
Cover Model

**Top 3 Things People Do
in Healthy Relationships**

Attention is Erotic

Akira | Alice | Bianca | BiancaH | Katherine | Makena



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magazine
AMETHYST

June 2026 ~ Issue #31

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AMETHYST

magazine

June 2026

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ON THE COVER

Indi

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FROM THE EDITOR



Hi everyone, and welcome to Issue#31! Let's get into what's inside this issue.

First up, we have an editorial called "Easy Smolder" featuring returning creatives Katherine, as model and Photographer Luca De Nardo. Katherine is in overalls posing casually around an Italian apartment, bathed in beautiful natural light.

Next, we have "Little Red Dress" with BiancaH. This photo was taken at a location I absolutely love: a Playboy Grotto-styled pool. You've seen other editorials with BiancaH and this location before, and this is the last one we shot that day.

Then, we have "Forever Blue Jeans" with Akira. This was taken at a very cool studio in downtown Los Angeles. The natural wood flooring and walls, along with the natural light streaming in from a huge floor-to-ceiling window, create a very warm and inviting atmosphere.

Next, we have "Soaked Through" with Indi, our cover model. This location has been featured before with Indi; this was one of the editorials we shot that day. The simple white cotton bodysuit, when wet, as it is here, is somewhat sheer.

Now, let's explore our articles for this issue—we've got another two! "Top 3 Things People Do in Healthy Relationships" focuses on three key things that couples typically do in healthy relationships. "Then there's "Attention is Erotic," which delves into how the right kind of attention, can be special, even erotically charged."

Next, we're diving into "Need Anything?" with Alice! It feels wonderful to have her back after a while. This editorial features Alice in a kitchen, doing her thing, and then just posing at the end. The natural afternoon light really made everything pop.

Following that, we have Bianca in "Surf Girl Summer." This is a collection of photos from a previous editorial that didn't quite make the cut, like outtakes. We've taken the background out and replaced it with new ones to create a fresh, new editorial.

Finally, we have "Staying In" featuring Makena. This editorial was taken a long time ago and was part of our very first shoot together. It was shot in a North Hollywood apartment with mostly natural light, but we added a bit of flash lighting to give it a nice touch.

Now, sit back, relax, and enjoy Issue#31! Cheers, Jeff Gottlieb (Editor-In-Chief)



EASY SMOLDER

KATHERINE
@kathe_rinee_

HMUA
MODEL

Photographer
LUCA DE NARDO
@luca_denardo

Location
Monza E Brianza, Italy



















LITTLE RED DRESS

BIANCA H
@withlove_bia

HMUA
KELLY
@violet_hour_glam

Stylist
J.ALLAN
@jag_stylist

Location
LOS ANGELES, CA











FOREVER BLUE JEANS

AKIRA
@akiramoons888
HMUA
MODEL

Stylist
J.ALLAN
@jag_stylist

Location
LOS ANGELES, CA















SOAKED THROUGH

INDI
@indi.willi

HMUA
MODEL

Stylist
J.ALLAN
@jag_stylist

Location
LOS ANGELES, CA

















Top 3 Things People Do in Healthy Relationships

When you ask people what makes a relationship healthy, you'll probably hear the same old list: communication, trust, honesty, and respect. All of that is true, but it can feel a bit like a checklist.

The truth is, healthy relationships aren't just about big ideas. They're about the little things we do every day. These small, consistent actions build a sense of safety, connection, and strength over time.

Even though every couple is unique, those in strong relationships often share three habits that really make a difference.

1. They Turn Toward Each Other, Not Away

Life is full of little moments when partners reach out for connection.

It could be sharing a story about their day, watching a funny video, or just commenting on something they noticed on a walk. These moments might seem small, but they're actually invitations to connect.

People in healthy relationships usually respond to these invitations. They put down their phones, ask questions, laugh, and really engage.

Relationship experts often call these "bids for connection"—small attempts to get attention, affection, or support. Healthy couples don't catch every bid, but they catch enough to make each other feel valued and seen.

Over time, these tiny moments send a powerful message: You matter to me.

2. They Fight Fair

You might think healthy couples avoid conflict, but that's not the case.

They disagree, get frustrated, and sometimes even annoy each other.

The key difference is how they handle conflict. They see it as a problem to solve together, not a fight to win.

Instead of attacking each other's character, they focus on what's happening. Instead of keeping score, they look for solutions. Instead of trying to win, they prioritize understanding.

They know that saying something hurtful might feel good in the moment, but it often causes damage that lasts longer than the argument itself.

Healthy relationships aren't about not having conflicts. They're about being able to handle conflicts without hurting each other.

3. They Keep Choosing Each Other

Love is often seen as a feeling—something that's either there or not.

But when you look at long-term relationships, you see something different: love is also a choice.

People in good relationships keep putting in the effort, even when the initial excitement has died down. They make time to chat, show they care, and keep wondering what their partner is growing into.

Top 3 Things People Do in Healthy Relationships

They don't think the relationship will just work itself out.

Instead, they know that connection needs to be nurtured. It's not about grand gestures or always being in love, but about being consistently present.

A healthy relationship doesn't happen overnight. It's built on thousands of everyday moments where two people decide to be there for each other.

The Bottom Line

Healthy relationships aren't the ones that never have problems. They're the ones where both people are dedicated to working through those problems together.

They lean on each other in small ways, handle disagreements with respect, and keep choosing the relationship even after things get old.

Because, in the end, the strongest relationships aren't just a matter of luck.

They're built on habits.

Attention is Erotic

Attention is Erotic, not about the performance, the perfection, or even the attraction.

It's about attention—the real kind.

The kind that lingers just long enough to make someone feel truly seen.

In a world that's always rushing—fast messages, quick impressions, quick intimacy—attention has become surprisingly rare. Which might be exactly why it feels so charged when we encounter it.

To be deeply noticed is one of the most intimate experiences we can have.

There's a difference between someone looking at you and someone really registering you.

The second kind is unmistakable.

They remember the little thing you said three weeks ago. They notice when your tone changes a bit. They ask questions instead of waiting for their turn. Around them, you start to notice your own details—the way your hands move, the rhythm of your voice, the things you almost didn't say.

Attention creates atmosphere.

It slows things down.

And slowing down, in a world that's always distracted, can feel incredibly seductive.

Part of what makes attention erotic is that it communicates value without even saying it.

When someone gives you sustained focus, they're offering something that's becoming increasingly rare: presence.

Not divided attention.

Not half-listening while scrolling.

Not interest that's carefully optimized for social interaction.

Real presence.

The kind that makes silence feel charged instead of awkward.

This is why attraction often starts in seemingly small moments.

Someone leaning in a little when you speak.

Someone noticing you're cold before you mention it.

Someone listening with enough care that you stop editing yourself mid-conversation.

These moments aren't overtly sexual, but they carry intimacy because they create emotional exposure.

Attention says: I am here with you.

And more importantly: I want to be.

There's also power in being observed carefully.

Attention is Erotic

Not judged. Not consumed. Observed.

It's pretty freeing to feel truly seen, especially since most of us only get a glimpse of ourselves in everyday life. We tend to show off our best sides, the polished versions of ourselves. But when someone really pays attention, it cuts through that polished exterior.

It really needs to be specific. And that's where desire often hides.

Not in grand beauty or generic charm, but in the little, specific details someone notices:

The way someone laughs; the pause before answering; nervous habits; the look that pops up before confidence returns.

Desire makes you see things more clearly.

And when you keep looking, it can turn into intimacy.

Of course, attention isn't always romantic. Friends can give it. Artists can give it. Great teachers, writers, and conversationalists give it all the time.

But when attraction comes into play, attention changes.

It becomes anticipation, awareness, tension.

It's like feeling something meaningful is happening beneath the surface of everyday things.

Maybe that's why modern dating can feel a bit unsatisfying sometimes.

Everyone is visible, but not everyone gets real attention.

Fewer people are truly noticed.

And without attention, attraction can feel strangely empty—just surface, no depth.

The most magnetic people aren't always the loudest, the most beautiful, or the most impressive.

Often, they're just the people who make others feel really real when they're around.

People who know how to pay attention.

Because attention is really just energy.

It's care.

It's desire.

And sometimes, the most exciting thing in the room isn't who's talking—

but who's really listening.



NEED ANYTHING?

ALICE
@alicetakeover

HMUA
MODEL

Stylist
J.ALLAN
@jag_stylist

Location
LOS ANGELES, CA.

























SURF GIRL SUMMER

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MODEL

Stylist
J. ALLAN
@jag_stylist

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STAYING IN

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