

# AMETHYST

Safety Tips  
for  
Traveling  
Models

Pushing  
Your Edges

Natalie  
Bella  
Liz  
Kendall

BELLA

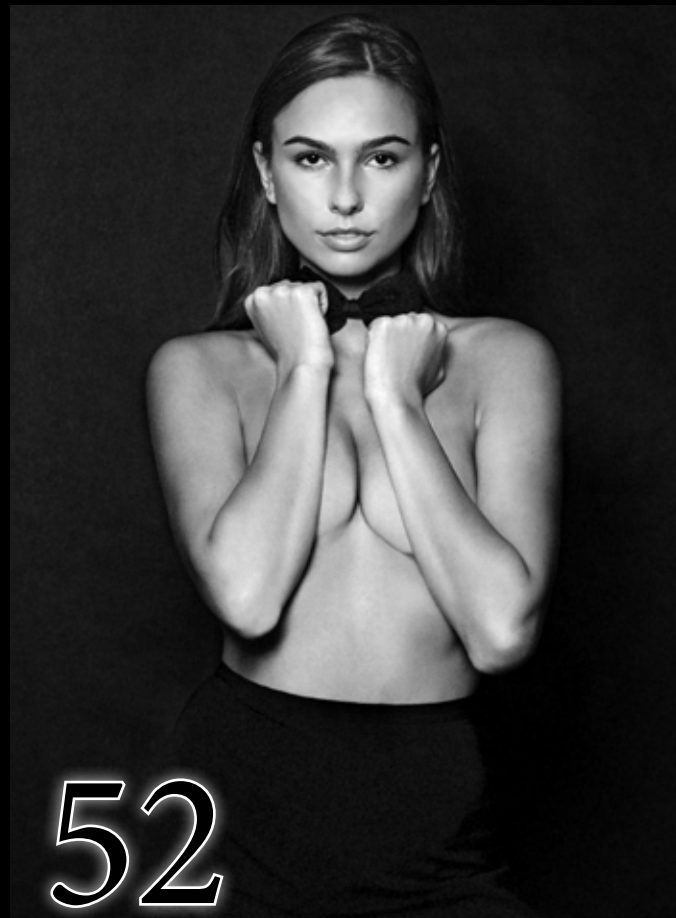




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magazine  
**AMETHYST**

October 2023 ~ Issue #7

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MASTERCLASS™



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**TALK TANTRA TO ME**

PODCAST WITH  
**LEOLA**

magazine  
**AMETHYST**

**OCTOBER 2023**

**EDITOR-IN-CHIEF & CREATIVE DIRECTOR**

Jeff Gottlieb

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**ON THE COVER**

Bella White

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**FROM THE EDITOR**

One of my original ideas for this magazine was to have other photographers, models, artists have their own work shown; not just only my work. I never knew if anyone would want to show their work in Amethyst; turns out they do. It's taken a long time to set that up, but with this issue, it finally has become reality. So, this will be the first issue of Amethyst Magazine with other artists' work.

The first editorial is by talented photographer, Joy Maura. "Green Pastures" is a shoot she did with a model in Basalt, Colorado a few months ago. I've shot with the model before, saw one of the photos from the shoot and wanted it in this issue. It was shot on film with minimal editing in a beautiful location.

"Purple Loft" is from one of my shoots, done last month. I finally got to shoot a model I've wanted to work with for a very long time, and put together a dream team crew. The location was a loft that has some very interesting, modern and apparently expensive furnishings; no walking with shoes on the rug, lol. A unique location.

"Stand Ablaze" is another editorial from a gifted photographer, Nino Batista. This editorial was shot in studio in Houston, TX. With a model that I've shot with many times when I was based out of Austin, TX. I thought the B/W shots were so cool looking, they needed to be included in this issue.

The final editorial is the 3rd installment of "The Bow Tie Effect", shot by me. Again, B/W and grainy, which is a favorite go to look of mine. Shot in Austin, TX. during a visit.

The issue is rounded out by repeat contributors, "Talk Tantra to Me with Leola: "Pushing your Edges" and "Moxie Models Masterclass by Alice" with the first of a several excerpts from her article on Safety Tips for Traveling Models.

I hope you'll enjoy this issue, and don't forget to check the website periodically for some new photos that will be website/subscriber only.

So relax, and enjoy this issue of Amethyst!

~ Jeff Gottlieb  
Editor-In-Chief

**GREEN PASTURES**

NATALIE

@nataliekpaladin

Photographer

JOY MAURA

@joymauraphoto

Location

BASALT, COLORADO

















**PURPLE LOFT**

**BELLA**  
@bellaawhite

MUA/Hair  
MAYMAY  
@makeupby\_maymay

Stylist  
JADE R  
@jaderaynae.

Location  
LOS ANGELES, CA.



















## TALK TANTRA TO ME with Leola



### Pushing Your Edges

I'm a firm believer of having strong boundaries. When lovers tell me their no-no's, I'm much more trusting and convinced of their yes's. In fact, when I have a safer sex convo and someone says they have no boundaries, I feel skeptical and often reconsider connecting with them at all. I often invite them to name at least one boundary, even if it sounds ridiculous, such as no punching me in the face or do not poop on me.

Boundaries are like a fence - a structure creating space for unabashed expression and flow. Imagine if you were led to the edge of a cliff, then you were blindfolded and asked to dance. I bet your dancing would be very calculated and cautious, tiptoeing around so you didn't dance right off that cliff. You would be very in your head and not able to let your body move you.

Now, imagine a large and sturdy fence was built 5 feet from the edge of the cliff - a boundary... once again, you are blindfolded and asked to dance wildly. I bet, in this case, you could actually move freely with authenticity. When we set boundaries, we are erecting an energetic fence that empowers us to move with freedom. When used intentionally, boundaries create space for greater spontaneity and expansion.

But sometimes, we hide behind our boundaries. We hide behind our limitations. We play small and stay in our lane... we use boundaries as a way to stay in our victimhood or to avoid the fun-comfortable sensations of courage, risk, and growth. What would it look like to

Leola's mission is to inspire others to see an integration of sexuality and spirituality in their relationships with themselves and their partners. She guides individuals and couples in discovering how life-force energy moves in the body; and more importantly, how to harness this inner-power for a pleasure-filled life that begins with our most intimate relationships and extends to our livelihood and our worldview. I am here to help you remember how to heal yourself with your own divinity.

In each issue, I will share excerpts from my Podcast. I hope you are enlightened.

be empowered in our boundaries, while also creating space for expansion? That would be pushing our edges.

Let's go back to our fence analogy... the fence, which is 5 feet from the cliff, represents your boundary. We don't want to cross that, but what if we could snap our fingers and push the fence back 1 foot. Woaaa - more space to play! This is beautiful. Let me feel it. Oh, wow. I love this. I'm so happy that I pushed that edge, because it created all of this spaciousness. And we feel safe because there's still 4 feet between the cliff and the fence. I could even handle moving the fence back another foot... but that would probably be enough for me. A fence 3 feet from the edge of the cliff is my hard boundary.

This is what pushing your edges looks like - finding your boundary and seeing if there's an invitation to create more space there. Let's say we built the fence at 3 feet from the cliff's drop off from the get-go... maybe we try to push that edge another foot. AH - nope. Hard boundary - nice try!

Some boundaries are hard, meaning there is no edge to push. That's okay! Pushing edges means getting curious about your boundaries, considering why they're there, and creating space (if it's available!) to expand outside of our comfort zone.

*Be safe, be love, Leola*

*Find and Follow Leola..*

IG: @talktantratome [www.talktantratome.com](http://www.talktantratome.com)

## Moxie Models Masterclass by Alice



In each issue I will share some excerpts from the Moxie Models Masterclass curriculum. Our mission is to empower budding models with the knowledge, skills, and confidence they need to reach their fullest potential.

I hope you find this informative and helpful.

Here is an excerpt from a 17 page article titled, "Safety Tips for Traveling Models."

It covers common safety information for traveling models. The insight provided here is for all traveling models to refer back to, especially those just starting out, the inexperienced, as well as advice for those who have worked with a photographer more than once, who then may be taking advantage of their rapport. This list is organized by red flags to watch out for in the booking process, during the photoshoot, and manipulative tactics that may be used after a photoshoot is done, as well as other common red flags to watch out for.

Before The Photoshoot: Abusive photographers tend to target younger people, and those with less experience in the modeling industry. They may even exclusively work with less experienced people because they feel like they have the higher end of the power dynamic in their favor. These types of people are oftentimes very insecure, and need to feel like they have the upper hand in all situations throughout their life but that's nothing you need to put up with.

You can avoid these types almost always by reviewing their portfolio and references in-depth, well before booking a photoshoot with them. Companies/photographers who have a bad reputation may have many uncredited, or "anonymous," models in their portfolio because they do not want you to contact these models asking for a reference.

You should ALWAYS check with references that YOU can locate through the photographer's portfolio, of all skill levels and age groups as possible. It is important when gathering references to use references directly from the producer's portfolio, and not just references that they supply you with. The reason for this is because they will usually only supply you with references that WILL vouch for them, and if they are an unprofessional photographer in any way, they will leave out references of models who would not give them a positive reference. Once you have model references, you must ACTUALLY speak to them, either text/email/phone call. You MUST speak with model references directly, and not just go off of seeing those models in the producer's portfolio. It is SO important to actually speak with model references that you found yourself because producers will oftentimes give you references that will be biasedly in their favor, and other models you may see in a photographer's portfolio may not have actually enjoyed the shoot experience, or may not have worked with them under circumstances that they are now intending to book you for. The information these references that you find and speak with yourself provide to you is key to having a smooth booking process.

*Find and Follow Alice & Moxie Models Masterclass...*

IG: @alictakeover

IG: @moxiemodelsmasterclass

<https://www.moxiemodelsmasterclass.com/>



## STAND ABLAZE

LIZ

@lizz.kerr.r

Photographer

**NINO BATISTA**

@ninobatista

MUA/Hair

**CORI ASTON**

@coriaston39

Location

**HOUSTON, TX..**













**THE BOW TIE EFFECT (PT#3)**

**KENDALL**  
@kendallmzuber

MUA/Hair  
**WHITNEY**  
@whitneyalexxis

Location  
**AUSTIN, TX**





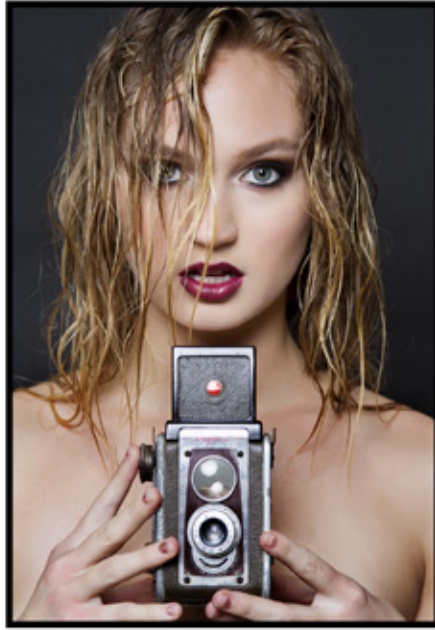






COMING NEXT ...





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