

AMETHYST

Jocelyn
Meaghan
Raivyn

Divinity
Selfies by Steff

JOCELYN

Sexy Consent Skills

Interview with
Cover Model
and
Cancer Survivor





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magazine
AMETHYST

April 2023 ~ Issue #4

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EDITOR-IN-CHIEF & CREATIVE DIRECTOR

Jeff Gottlieb

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ON THE COVER

Jocelyn Binder

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FROM THE EDITOR

It's been four months since Issue #3; this will not be the case for Issue#5, btw. One big occurrence happened with Amethyst that caused the long span between Issue #3 and #4, namely rebranding.

Now that a marketing team has been added to the mix, its been decided to slightly rebrand. For Issue#4, Amethyst will be more inclusive, opening up to more Fashion and non-nude photography. Be assured that Amethyst's photos and style will remain sexy and provocative. These changes will make Amethyst a better and more creative magazine.

In the current issue, we've got an interview with Cover Model, influencer and cancer survivor, Jocelyn Binder. The interview was held via internet and in person after the photo shoot, "What to Wear Tonight", which is also in this issue.

There is another article by repeat contributor, Leola: "Sexy Consent Skills". An important read in our current times, that I hope you'll enjoy.

As always, there are several new editorials in this issue. Cover model Jocelyn Binder appears in "What to Wear Tonight", another installment of "Selfies by Steff", shot by Austin model Steffanie Maynard, "Let's be Playmates!" featuring Meaghan Stanfill, "The City Life" featuring Raivyn Monet and a editorialette with Divinity. Check them out, you won't be disappointed.

So relax, and enjoy this issue of Amethyst!

~ Jeff Gottlieb
Editor-In-Chief



WHAT TO WEAR TONIGHT

JOCELYN BINDER

@jocelynbinder

Location

MIAMI BEACH, FL



















Sexy Consent Skills



By Leola

Consent is SO sexy. But I didn't always think so. Communicating in the bedroom used to really challenge and confuse me... I believed it ruined the mood. Maybe you relate? We're conditioned to believe sex and intimacy should be entirely spontaneous. And honestly, the thought of pausing mid-hook up to awkwardly mumble, "Can I stick it in," still makes my stomach do flips (not the good kind).

But it CAN be sexy. Mostly because communicating our desires and boundaries allows us to get out of our heads and into our bodies. Think about it, when we take the time to say, "I like this..." we're not in our heads thinking, "I wish she would..." When we take the time to say, "I'm not feeling up to anal penetration..." we're not worried about him inching his hand closer and closer to our ass. When we take the lead and ask our partners what they desire and what's feeling off limits, we drastically minimize the risk of getting caught in a "me too" moment and we create space for healing in our partnerships.

From my personal experience and having witnessed and guided thousands of individuals in erotic settings, the number one thing that hinders pleasure and keeps orgasms at bay is being stuck in our heads. It's far too easy to get caught in mind drama instead of being present for the pleasure available in moments of intimacy.

Deep down, we need to feel safe. We can't truly receive pleasure until we are in a regulated space. We can't be incredibly spontaneous until we know we're not going to accidentally create some irreversible consequence. What do we need to feel safe? We need to communicate with one another. We need to ask for consent and take responsibility for our bodies and our pleasure.

Here are 3 tips to do so in a way that makes her wet and takes him to pound town:

1. Make it a part of the foreplay. Instead of considering consent a box that needs to be checked, introduce desires over dinner. This is like preheating the oven for super hot intimacy. Consider phrases like, "What do you want to do to me?" or something milder like, "What turns you on?" Use these phrases to direct the conversation

into boundaries. For example, I may respond to one of these questions with, "I'm really into kink and BDSM, but I save it for partners whom I have an established relationship with... so let's table that for tonight. But I'd love some sensual connection. What about you?"

2. Don't take boundaries or desires personally. Consider every "rejection" as a "redirection". If something you desire is not available for this coupling, get curious about what else is available OR what you can do to create space and safety to get closer to making that desire a reality down the line. If your partner makes a request for something else, don't assume you're doing it "wrong" or you're not a good lover. Applaud them for giving you the cheat code to their body.

3. Be playful. All the weight and awkwardness we put on eroticism is conditioned from our elders, church, and society. Let that shit go. Give yourself permission to try something new, to be awkward, and to laugh along the way. Consider approaching your intimate moments as if you are a teenager exploring naked bodies for the first time. There is SO much more available in sex than just penis in vagina. Sex is sacred play.

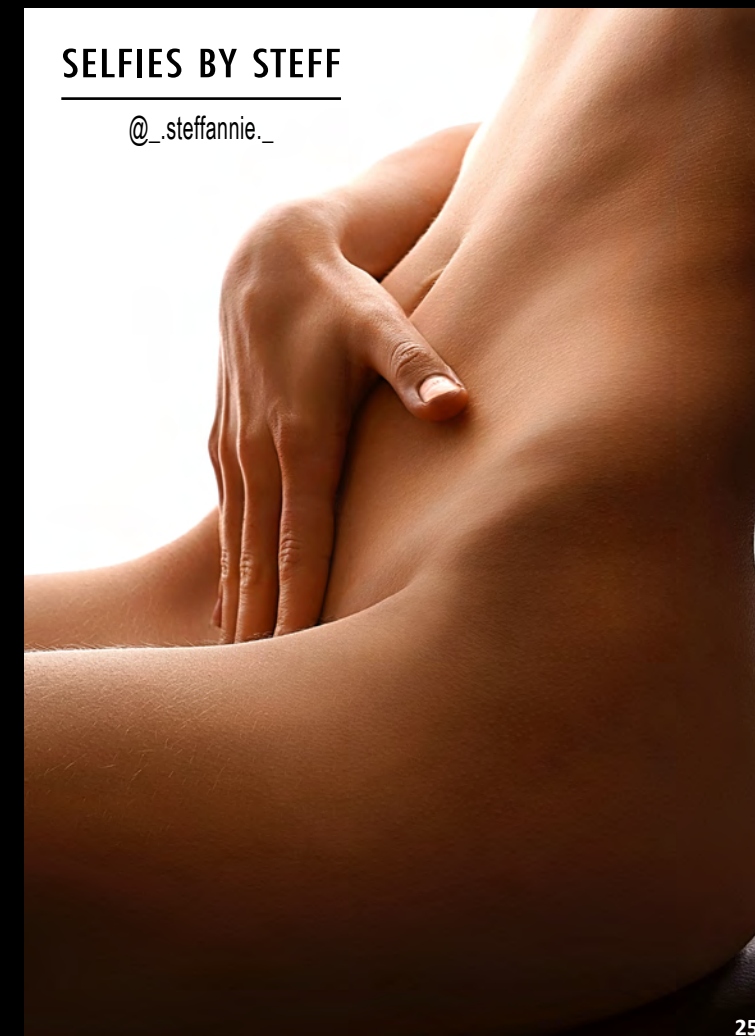
Be safe, be love,

Leola



SELFIES BY STEFF

@_steffannie_





LET'S BE PLAYMATES!

MEAGHAN STANFILL
@meaghanstanfill

Location
N.HOLLYWOOD, CA



















THE CITY LIFE

RAIVYN MONET
@raivyn_monet

MUA/Hair
MAYMAY
@makeupby_maymay

Location
LOS ANGELES, CA













INTERVIEW WITH JOCELYN BINDER

Edited by Elaine Tarutis

THIS MONTH AMETHYST MAGAZINE SPOKE WITH MODEL, INFLUENCER AND CANCER SURVIVOR JOCELYN BINDER.

Amethyst had wanted to shoot with Jocelyn for a long time. As we both are located on different coasts and travel, we were finally in the same city, Miami, at the same time. We planned to shoot on a beach with rocks, Haulover Park and later at a downtown, Brickell area, high-rise condo. We talked many times via online and phone and here is what we came up with...



AM: How did you become a model?

JB: As a child, I always loved being in the limelight. I used to perform improv shows for my parents and their friends while standing on our fireplace hearth. At age 15, still in braces, I finally convinced my parents to let me have a photoshoot.

Modeling has given me so much confidence over the years. Being able to express myself through the art of photography/videography has become my strongest passion. I love creating by using my body to form shapes and to convey emotion. It hasn't always been easy because I'm a few inches below, and a few years above industry standards.

AM: What were your initial thoughts about the modeling industry?

JB: Initially the industry was very different, focussed on very young tall women and I was at a disadvantage both with my starting age and with being under 5'8 so I heard a lot of "no"s. I was able to work with several well-known photographers who saw potential in my look and hustle, and build a strong portfolio that began to make up for my shortcomings (pun intended).

AM: What are your current thoughts about the industry and where are you now in it?

JB: Now the industry has shifted with Instagram and other social media outlets allowing models to gain their own audiences independently and build their own brands! It's very empowering as I've been able to work with some of the brands I love, like Beach Bunny and Honey Birdette, without an agency involved at all!

AM: What were some of the tougher moments in your modeling career?

JB: Overcoming the usual disadvantages was always a challenge but I'd say the biggest obstacle was dealing with my breast cancer. After my diagnosis I quickly learned it had spread to my lymph nodes and I underwent chemotherapy and a double-mastectomy. Losing my breasts and hair as a model felt like a career-ender at the time. But as I recovered I started being offered shoot bookings again and slowly things ramped back up! Little did I know I'd have my biggest achievements post-breast cancer! Like my book, "Sexy After Breast Cancer" available on Amazon!

AM: How was your career affected by the treatment?

JB: Well, considering I was a busty model with mermaid locks who had a double mastectomy and went bald undergoing chemotherapy, it completely halted my career!

During my treatment, I was stuck in bed with only a semblance of a personal life. I spent a lot of time on Instagram, but I didn't mention anything about my health battles at the time - it was really the last thing I wanted to talk about. Instagram was a place where I could escape the realities of my treatment, make friends, and stay connected with my passion for modeling.

-AM: What did meditation and yoga do to help you through the treatment?

JB: Yes. Meditation and yoga are both great ways to take your body from a sympathetic to a parasympathetic state. Without any of the science that we know today, ancient yogic practitioners were already writing the manuals on techniques and practices to train the mind to switch between these states, to work more efficiently, and to heighten awareness and the senses. Yoga and meditation can teach us to use the sympathetic state to harness energy, focus, solve problems, and create. They teach that it is equally important to calm the mind, to turn on our own parasympathetic state and to balance the mind, body, and the connection of it all.

AM: How did you become cancer free?

JB: It has been a combination of both Eastern and Western medicine techniques, along with a strong focus on nutrition and exercise. October 25th, it will be two years of having no detectable trace of cancer in my

body. But we know it lurks there, amongst the shadows, out of reach of the scans and too small to detect in my blood. The same incurable cancer that went from my breasts to my lymph nodes to my bone. I also had teams of the best doctors: Dr. David Hoffman of Cedars Sinai is my quarterback, assisted by Larisa Gallo. I'm currently on endocrine therapy, which I'll be on until the day my disease progresses (the rest of my life). One of the drugs in my cocktail, Ibrance, is currently priced at \$10,000-12,000/month. Monthly pills, injections and quarterly scans mean it costs a lot to keep me alive. So I'm high maintenance, but not in the way you'd guess.

AM: Why did you write the book Sexy After Breast Cancer: A Guide to Making Lifestyle Changes for Healing?

JB: I wrote my book to help others who have found themselves in a fight with cancer to understand what all of their options are, how to best fight the battles, and and to make the most of their journeys. Sold on Amazon, the book has truly given me more reward than I could have imagined when I set out to share my story. It has aided me in attracting so many incredibly strong and inspiring people into my world, and the quality of my life has increased exponentially.

AM: Looking back at your life until now, how do you feel? Is there anything you regret/please because you did/didn't do?

JB: At this point, I can confidently say that my career has only gotten better after battling cancer. I honestly feel more beautiful than ever, having honed in on my advocacy and love of inspiring others. And now, I have the appreciation to truly see what a miracle my survival is. That daily gratitude attracts exponentially MORE beauty and positivity, which I spread with the awareness that there is no limit. No matter how much sunshine is spread, it will never run out. The more you give without expectations, the more you get.

I certainly look back at my battles with breast cancer and feel proud to have come through it in a way that has freed me from many of society's expectations and pressures. However, I also have to work to maintain the daily perspective that my life is very unique and to curtail the urges I have to compare my life to those of others.

AM: What is your message for women who might find themselves in the same situation as you?

JB: One of the main points that you will catch me preaching about is educating yourself about your diagnosis and treatment options. There is a lot of fear surrounding cancer diagnosis, and rightfully so. A lot of pressure comes from the timelines, as many patients are rushed into treatment by their doctors. However, in the vast majority of cases, taking a week or two to understand the journey you are about to set out on is more important than beginning treatment right away.

You will also find that taking the time to properly nourish and rest your body will actually make you MORE productive. And you'll be better able to function in both professional and personal relationships, able to focus more on quality over quantity, and to live a much happier life. By making these gradual lifestyle changes through my journey, not only have I completely healed myself (there is no longer a trace of cancer in my tests and scans), but I have grown into a much better person. I am happier. I certainly don't sweat the small problems in life as much, which means less stress and more smiles.



AM: What have you accomplished so far as a model for all these years?

JB: I've accomplished so much more than I thought I'd be able to with the break in my career for my breast cancer journey! I'm super proud of having been a cover girl for Maxim, Glamour, Bazaar and others! Working with some of my favorite brands creating content, like a Honey Birdette and Beach Bunny is a lot of fun! And recently, reaching a million followers on Instagram felt like a big achievement! But one of the most rewarding highlights has been writing my book, "Sexy After Breast Cancer" available on Amazon. It was very cathartic to share my journey and to receive the feedback from those who have been touched by it.



AM: Is there anything else you want to share with our

More about Jocelyn

Jocelyn Binder is a two-time breast cancer survivor, author of "Sexy After Breast Cancer", Reiki energy worker, model, actress, social media influencer, and keynote speaker.

www.jocelynbinder.com

www.instagram.com/jocelynbinder

www.sexyafterbreastcancer.com

Contact: speakingofsuccessinc@gmail.com or book through www.speakingofsuccesslive.com

readers?

JB: Giving thanks for what we have, even if it isn't enough to feel "rich" or even if it isn't as much as we would like to have, is the key to gaining more. That's right, gratitude is circular. The more often you acknowledge and appreciate what you have, the more the universe will bestow upon you. I promise.

We all have our rainy days, but understanding and saving up ways to bring ourselves a little proverbial sunshine goes a long way towards healing. This is a fight in which we can kill our cancer with kindness (towards our own minds and bodies).

Forgive yourself for not knowing what you didn't know until you lived through it. Honor your path. Trust your journey. Learn, grow, evolve, and heal. When we are about to experience greater freedom, what is no longer serving us comes to the surface to be released. The universe is preparing you for the next level.

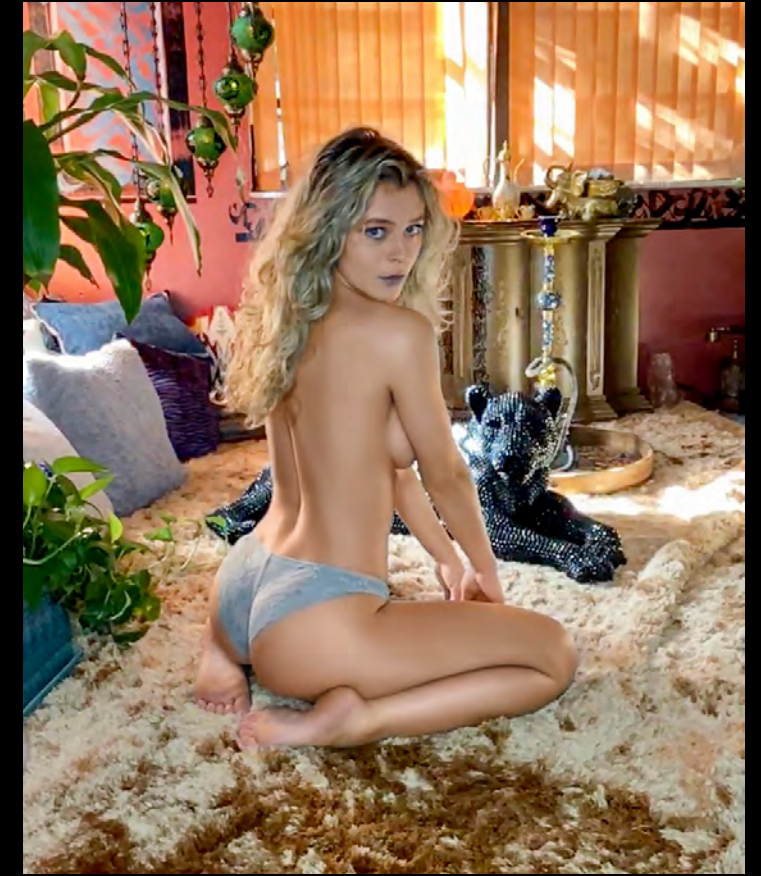
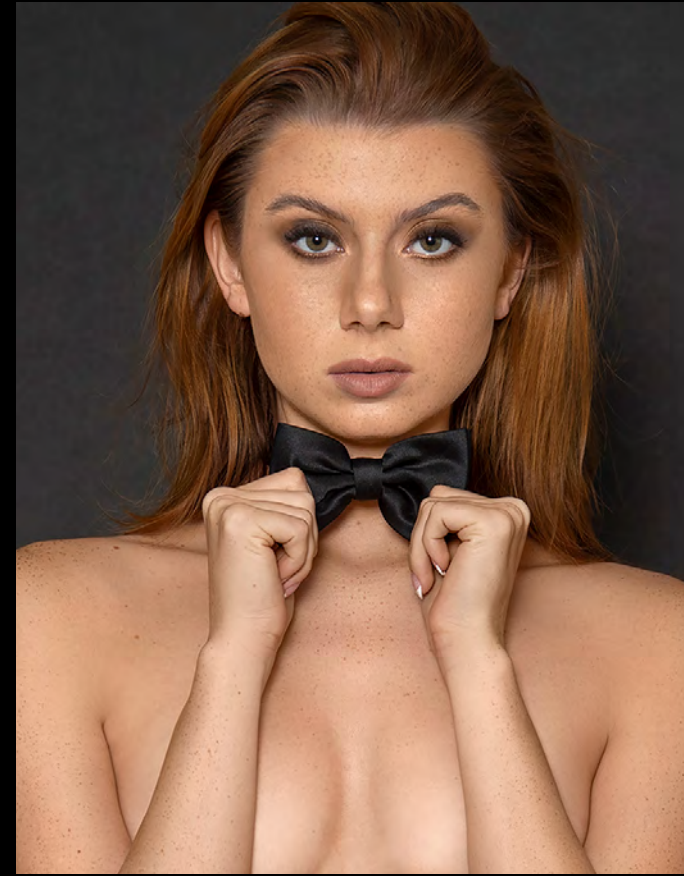


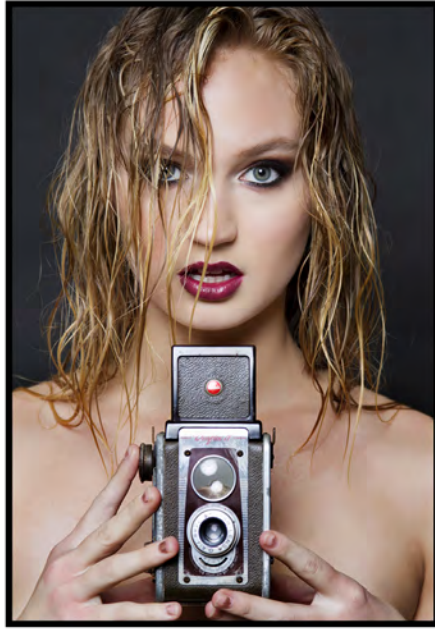
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